

## **NORFOLK SHELTERS**

- **UNION MISSION**  
*For Men:* 627-8686  
130 Brooke Ave., Norfolk Check in 5:30pm (18yr+ with picture ID)  
*For Women:* 623-0642  
120 Brooke Ave., Norfolk  
Check in 4 pm (women alone or with children) *Space is limited.*
- **SALVATION ARMY**  
*For Men:* 622-3471  
203 W. 19<sup>th</sup> St., Norfolk  
Check-in 6 pm  
(18yr+ with ID)  
*For Women:* 543-8100  
(Must have a referral and meet requirements)
- **NEST**  
*For Men, Women and Families:* 622-2549 Location varies weekly; Shelter available Mid-November thru April
- **FOR K.I.D.S., INC. / THE HAVEN**  
*For Families:* 587-4202  
Call for availability

- **DWELLING PLACE**  
*For Families:* 624-9879  
Call for availability
- **YWCA**  
Call the Helpline: 625-5570  
*For Women and Children* in domestic violence situations
- **VETERANS OUTREACH**  
Contact Martha Chick  
722-9961 Ext. 2137
- **NORFOLK VETERANS CENTER**  
Call 623-7584  
Walk-ins welcome (weekdays) at 2200 Colonial Ave., Suite 3, Norfolk  
Provides counseling to Veterans for war trauma only.
- **VAMC HOMELESS PROGRAM**  
Call 722-9961 Ext: 1285

## **TRANSITIONAL HOUSING**

- Referrals are required from a homeless service provider to access these programs.*
- *For Single and Single Pregnant Women:* 624-6990 Barrett Haven (90 days sobriety)
  - *For Men or Women:* 627-6748 St. Columba

## **OUT OF TOWN SHELTERS**

### ***Virginia Beach:***

- The Shelter: (for single adults, families & children) Call 491-2846
- Volunteer of America (winter shelter) Call 437-4911
- Loving Care for Homeless (Christian shelter for women & children) Call 430-4101
- Samaritan House (for women & domestic) Call 430-2120
- Seton Youth Shelter (age 12-17 years) 498-HELP  
Call 306-1840 for girls  
Call 498-4673 for boys

### ***Chesapeake***

- Our House (for families)  
Call 545-4075 or 382-2239

### ***Portsmouth***

- Oasis Social Ministry  
Call 397-6060
- HER (domestic violence shelter)  
Call 485-1445  
Hotline 485-3384
- PARC (families shelter)  
Call 393-7848

### ***Suffolk***

- Genieve (domestic violence shelter)  
Call 925-4365
- Suffolk Center for Hope & New Beginnings (Families) Call 934-1353

**We Don't Give  
A Hand Out...**

**We Give A  
Helping Hand**



**A Guide to Shelters,  
Meals and Services for  
the Homeless Population  
in Downtown Norfolk**

**Downtown  
NORFOLK**  
Downtown Norfolk Council

## MEALS

### SUNDAY:

Sacred Heart 1:30pm–2pm  
Union Mission 4:30pm

### MONDAY:

Salvation Army 8am–8:30am  
St. Columba 9am–2pm  
Central Baptist 10am–12noon  
St. Mark's 12noon–2pm  
Union Mission 12noon  
St. Mary's 1pm–2pm  
Salvation Army 4:45pm–5:15 pm  
Union Mission 4:30pm

### TUESDAY:

Catholic Worker Wall 7am–7:30am  
Salvation Army 8am–8:30am  
St. Columba 9am–2pm  
Queen St. Baptist 12noon–1pm  
Union Mission 12noon  
Salvation Army 4:45-5:15pm  
Union Mission 4:30pm

### WEDNESDAY:

Salvation Army 8am–8:30am  
St. Columba 9am–2pm  
First Lutheran 12noon–1pm  
Union Mission 12noon  
St. Mary's 1pm–2pm  
Salvation Army 4:45pm-5:15pm  
Union Mission 4:30pm

### THURSDAY:

Catholic Worker Wall 7am–7:30am  
Salvation Army 8am–8:30am  
St. Columba 9am–2pm  
Christ & St. Luke's 11am–12:30pm  
Union Mission 12noon  
St. Mary's 1pm–2pm  
Salvation Army 4:45pm-5:15pm  
Union Mission 4:30pm

### FRIDAY:

Salvation Army 8am–8:30am  
Union Mission 12noon  
St. Mary's 1pm–2pm  
Salvation Army 4:45pm-5:15pm  
Union Mission 4:30pm

### SATURDAY:

Catholic Worker Wall 7am–7:30am  
Mt. Gilead Baptist 11am–12:45pm  
First Presbyterian 12noon–1pm  
First Baptist (Bute) 12noon–1:30pm  
Salvation Army 4:45pm-5:15pm  
Union Mission 4:30pm

**The Norfolk Hotline for Homeless  
Families Seeking Shelter 664-6083**

## MEAL LOCATIONS

### Catholic Worker– The Wall

Behind parking lot on Princess Anne &  
Monticello, Salter St.  
423–5420

### Central Baptist 701 Olney Rd. 627–4571

Christ & St. Lukes 560 W. Olney Rd.,  
Stockley Garden & Olney, 627–5665

### First Baptist 418 E Bute, 622–6701

First Lutheran 1301 Colley,  
625–1953

First Presbyterian 820 Colonial,  
625–1697

Mt. Gilead Baptist 1057 Kennedy,  
853–3721

Queen St. Baptist 413 E Brambleton,  
622–4458

Sacred Heart W. Princess Anne & Blow,

Salvation Army 203 W. 19<sup>th</sup> St.  
622–3471

St. Columba 2114 Lafayette Blvd.,  
627-6748

St. Mark's 521 Oberdorfer, 545–5527

St. Mary's 232 Chapel St.,  
622–4487; Food Pantry

Mon., Wed., Thurs. 10 am – 12 noon

Union Mission 130 Brooke,  
627–8686

Human Service (Single Homeless Adults)

741 Monticello Avenue  
664-6148

## DAY SERVICES

### ST. COLUMBA CENTER:

2114 Lafayette Blvd., 627–6748  
9am–2pm Mon–Thurs.

- showers • laundry • mail • phone
- access to services • clothing • ID
- Rx assistance with homeless referral

### SALVATION ARMY

203 W. 19<sup>th</sup> St., 622–3471

- limited showers (*for men*)
- laundry • employment counseling

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This guide has been provided by  
**The Downtown Norfolk Council**  
201 Granby Street, Suite 101  
Norfolk, VA 23510–1818  
Phone: 623–1757

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*Help curb panhandling  
in downtown Norfolk  
by offering panhandlers  
this guide to the many services  
available in our community.*

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If you'd like to request more  
copies of this guide, please call  
623–1757

~ Updated July 2007 ~